

I know a...
recipe!

Sarnie-Saurus

Make Flo and Carl's tasty dinosaur sandwiches!

You will need:

Your favourite sandwich



Carrot



Salad



Tortilla chips



Ketchup



1

Cut your sandwich into small triangles and stand them up on the crust. Carefully break your tortilla chips into the size you want and poke them into the edge of the sandwiches.

2

Ask an adult to chop off the pointy end of a carrot and slice it lengthways. Push it in to the sandwich for the head. Add a blob of ketchup for an eye. Sit the dinosaurs on a bed of salad.

Roar!



Join the Smart Squad!

Send a photo of you with your Sarnie-Saurus to iknow@redan.com for a chance to appear in the magazine and win a prize!

Turn to page 30 for our giveaway rules and privacy statement.

ROARRR!

Grab some colouring pens or pencils. Use the small picture to help you colour in Bunsen.

Stomp around and ROAR like a T. rex!



Sing this dinosaur rhyme before you tuck into your Sarnie-Saurus!

**Eeny, Meeny, Miny, Moe,
Catch a T-rex by the Toe.
If it ROARS, let it go...
Eeny, Meeny, Miny, Moe!**