

I know a...
recipe!

Let's make... Fruity Crêpes!

Please ask an adult to help you.

Try out these funny-faced treats!
So easy to make!

You will need:

- thin crêpes/pancakes

Select from these:

- chocolate sauce - blueberries
- chocolate drops - orange - raisins
- strawberries - cranberries - banana

Ask an adult to cook or heat some crêpes for you. Then decorate them with your favourite toppings.

Bunsen's **hidden 6 bones** on these pages. **Tick the box** when you've found them.
(Don't count this one).



Oranges are a rich source of vitamins, minerals and fibre, which are all important for the **body**.

Strawberries are the **only fruit** that wear their seeds on the **outside**, around 200 of them.

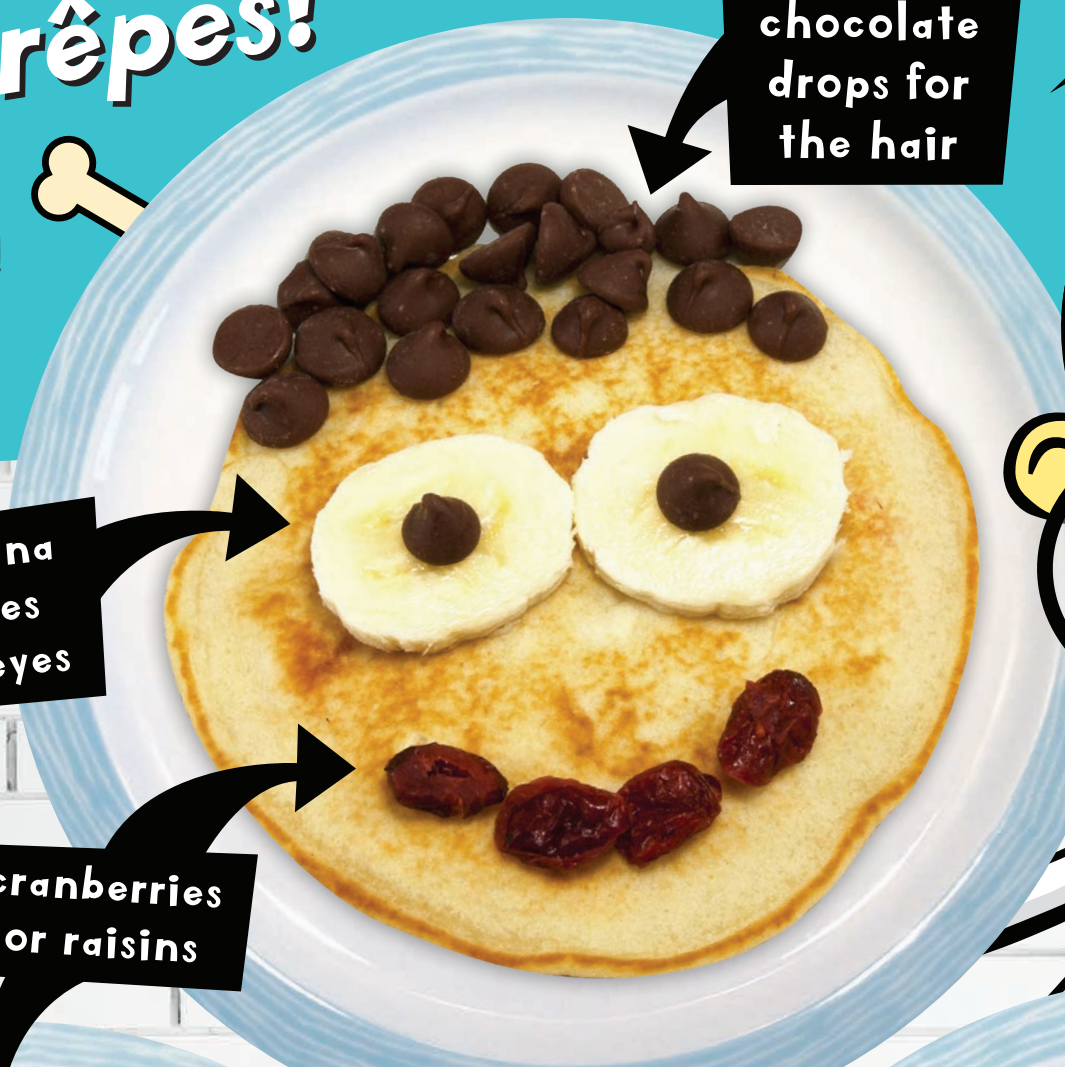
Wild **bananas** are full of **seeds**, but the ones we eat have been **bred** to be **seedless**.

Join the Smart Squad!

Send us a photo of your child with their **Fruity Crêpes** to iknow@redan.com for a chance to **win a prize!**



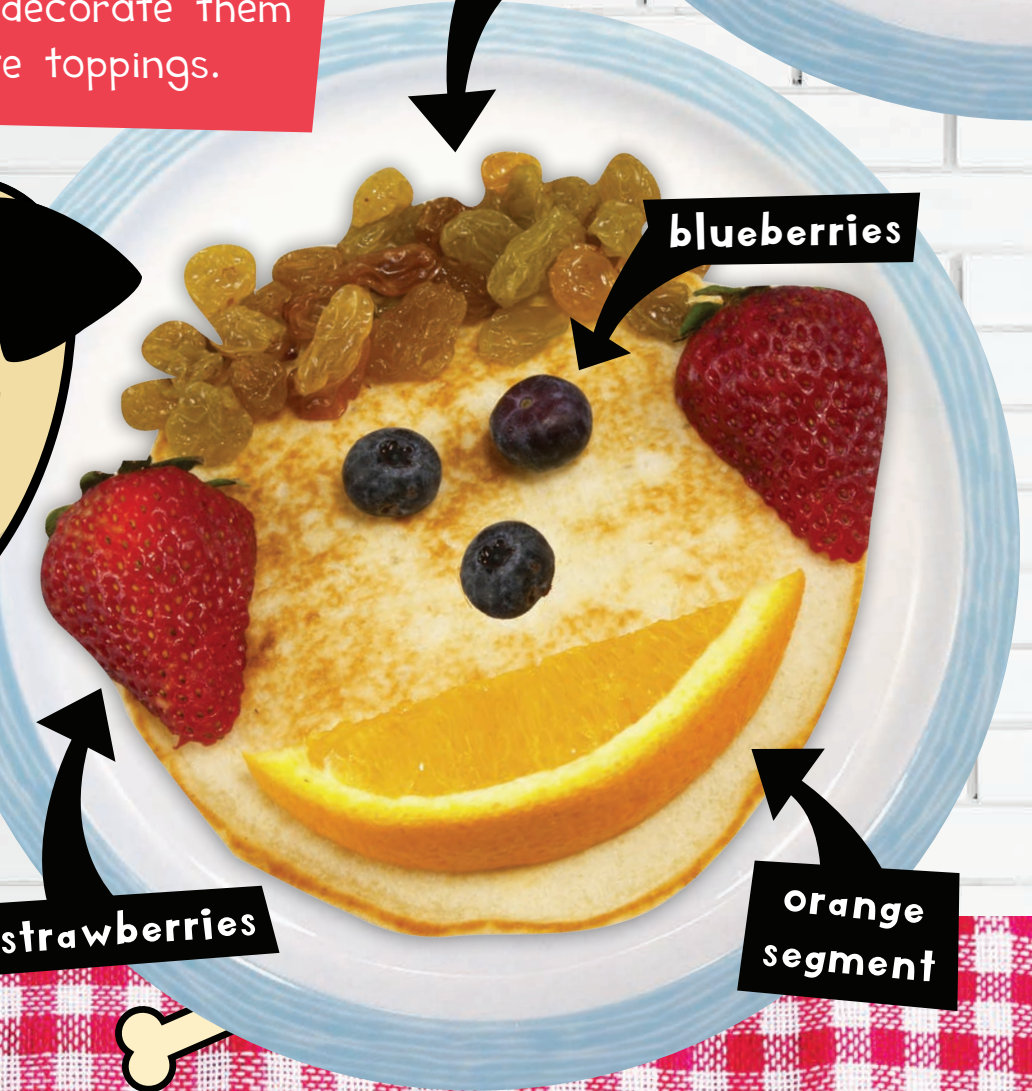
Turn to page 30 for our giveaway rules and privacy statement.



chocolate drops for the hair

banana slices for eyes

cranberries or raisins



blueberries

strawberries

orange segment



blueberries for the eyes and nose

banana slices

chocolate sauce smile

sliced strawberries

