

GROWN-UPS!

Hungry Little Minds

Let's have breakfast!

These activities are great for developing your child's communication, language and literacy skills.

Ideas!

- Make a menu
- Make play food from play clay
- Lay the table
 - Pretend to cook the food
- Serve teddies their pretend food and drinks
- Listen to and sing '10 Fat Sausages Sizzling in a Pan'
 - Keep talking
- Have fun together!

Chat, play, read

Simple ways to help develop their hungry little minds.



3 top tips!

1. Get your child's attention. Ensure there are no distractions.
2. Talk about what you are doing together. 'We're making some awesome menus, aren't we?'
3. Show them the right way. If your child says, 'This is clay'. You can say, 'Yes, it's play clay'.

Find ideas for simple, fun activities at

www.hungrylittleminds.campaign.gov.uk

and more at www.redan.co.uk/activities



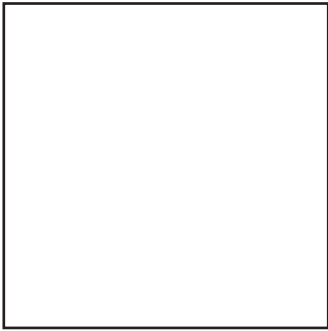
HM Government

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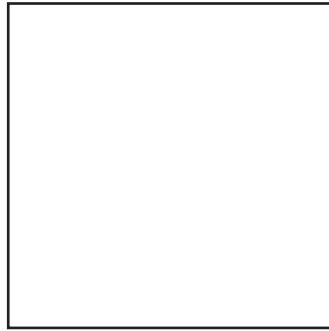
Proud to support
Hungry Little Minds



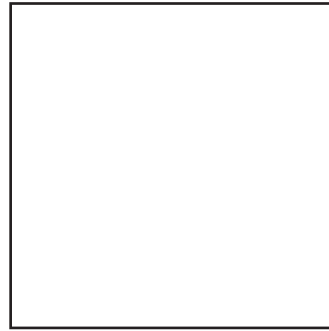
Breakfast Menu



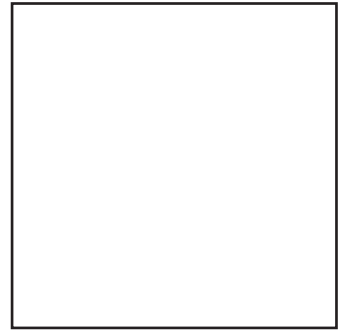
toast



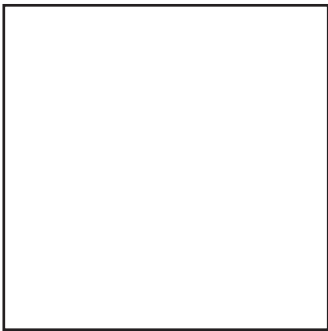
egg



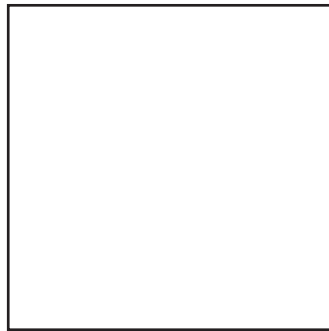
sausages



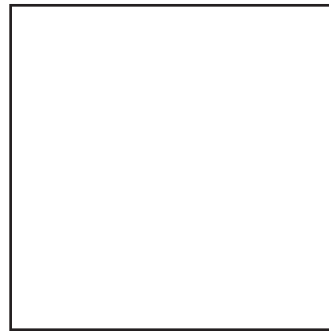
smoothie



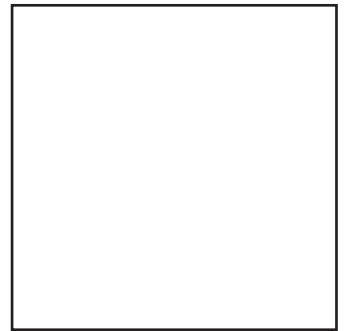
beans



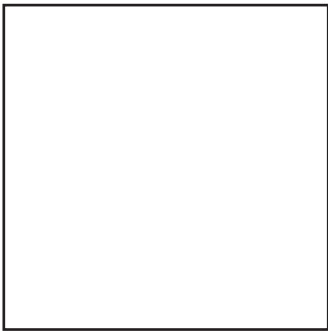
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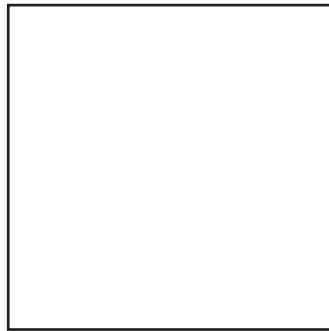
porridge



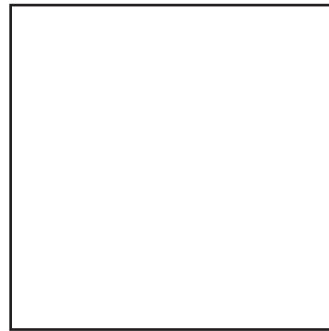
cereal



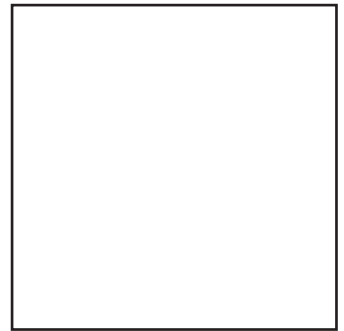
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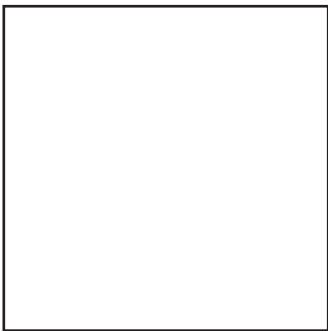
pancakes



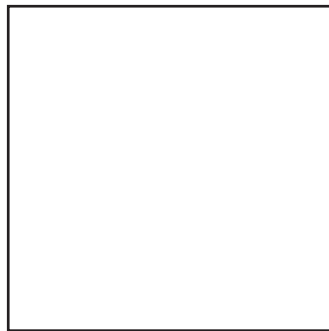
fruit



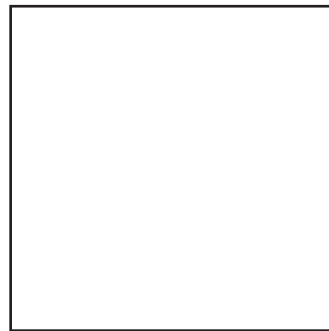
mushrooms



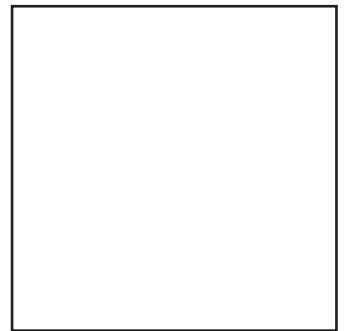
omelette



apple



milk



juice





Menu pictures

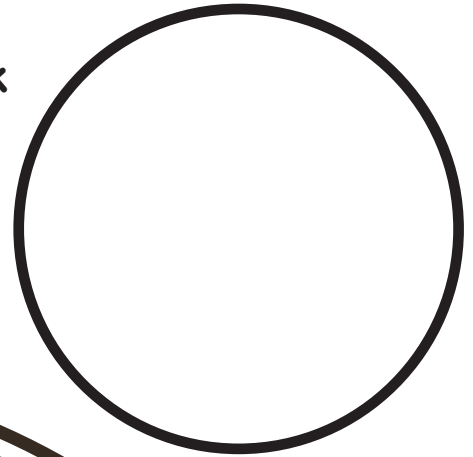
Cut these pictures along the dotted lines and stick them on your menu.



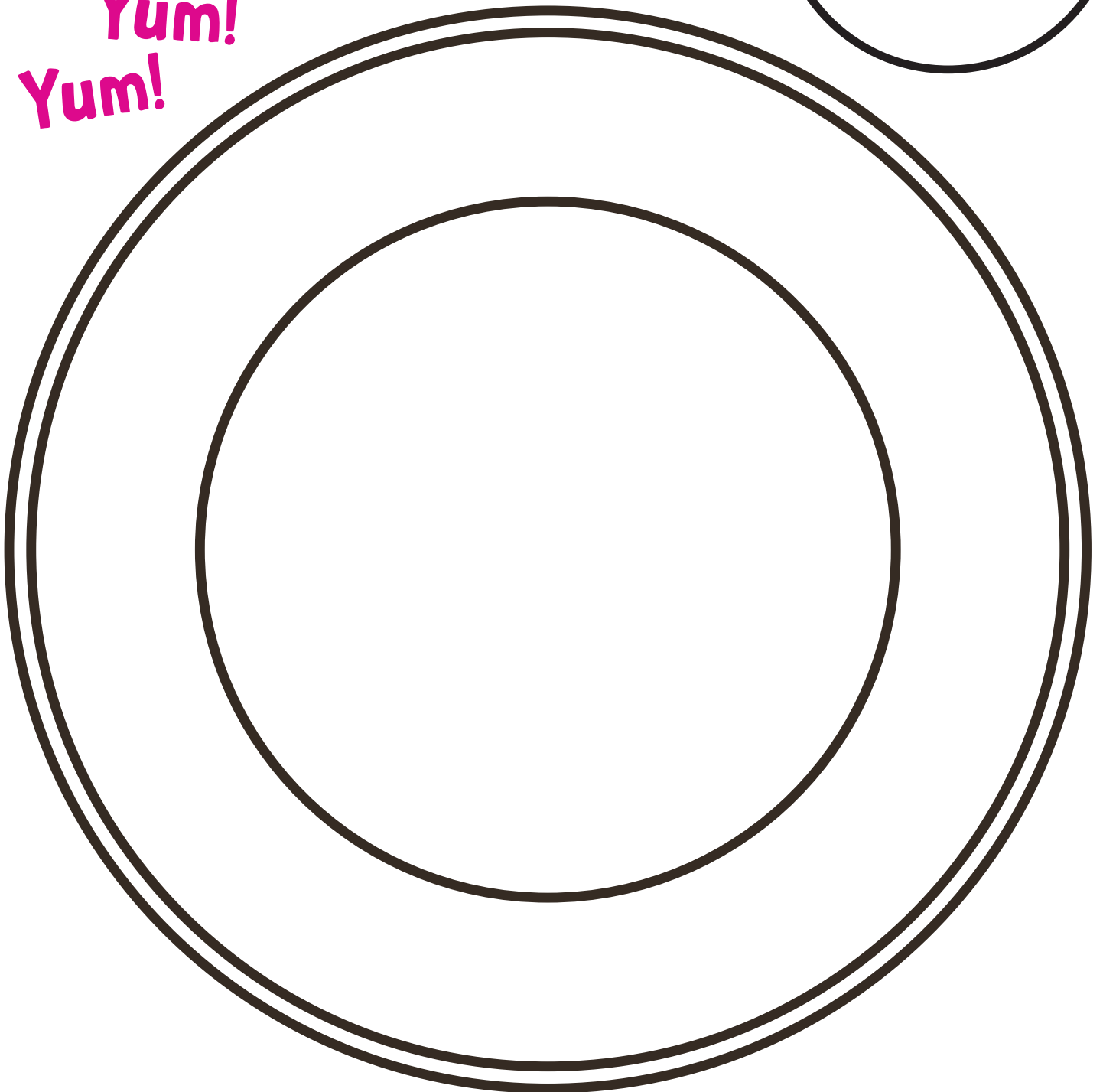


My breakfast

What do you like to eat for breakfast?
Stick the food and drink you like on your plate and in your cup.



Yum!
Yum!





My breakfast

What do you like to eat for breakfast?
Cut out the food and drinks and stick them on
your plate and cup. Draw some more if you'd like.





10 Fat Sausages

Ten fat sausages sizzling in a pan
Ten fat sausages sizzling in a pan
One went 'pop' and another went 'bang'
Now there's eight fat sausages sizzling in a pan

Eight fat sausages sizzling in a pan
Eight fat sausages sizzling in a pan
One went 'pop' and another went 'bang'
Now there's six fat sausages sizzling in a pan

Six fat sausages sizzling in a pan
Six fat sausages sizzling in a pan
One went 'pop' and another went 'bang'
Now there's four fat sausages sizzling in a pan

Four fat sausages sizzling in a pan
Four fat sausages sizzling in a pan
One went 'pop' and another went 'bang'
Now there's two fat sausages sizzling in a pan

Two fat sausages sizzling in a pan
Two fat sausages sizzling in a pan
One went 'pop' and the other went 'bang'
Now there's no fat sausages sizzling in a pan





10 Fat Sausages

Cut out the pan and 10 sausages to use with the song.

