

Let's make...
superhero snacks!

Super-charge your lunchbox with these healthy snacks.

You will need



Crime-busting carrot stick!

Cheesy power ups!

Cut holes in fruit strips and press in chocolate chips.

Front of cloak

Colour in Carl's costume!

Boom, bash bananas!

Back of cloak

Super star sarnies!

Stick the cloak sides together. Ask an adult to push a pencil through the circle. Poke a carrot stick through the cape.



ZAP!

